



## **Food Project Farm Summer Internship** **May 12<sup>th</sup>, 2025 – August 15<sup>th</sup>, 2025**

**Reports to:** Food Project Manager

**Job Status:** Seasonal Intern, 15 hours per week

**Compensation:** Qualifies for credit at the university level, includes \$350 upon completion and a weekly share of veggies from the farm

**Location:** Longmont, CO

Check out our [Internship Digital Booklet!](#)

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Growing Gardens' mission is to cultivate community through regenerative urban agriculture. Our programs empower people of all ages, income levels, and abilities by connecting them with their local food system, each other, and the environment.

Our organization values the diverse skills and individuals that come together to create a thriving community and workplace. We are committed to the work we do, and bring our best selves each day, but we don't take ourselves too seriously, have fun, and enjoy the process of doing good in our community. We take care of each other and put people at the center of everything we do.

This internship supports operations at our 2 Food Project Farms, located in Longmont, CO. We practice low-till, organic, and garden scale methods for intensive production of vegetables. A majority of the produce from the farm is donated through local community partners to families with low access to fresh, organically grown produce. The farm supports a reduced-priced Farm Stand on Thursdays from July- Sept. The Food Project Farm also provides farm-based educational programming to local teens during a summer program and hundreds of preK- elementary aged children through farm field trips in the spring and fall.

### **Food Project Farm Internship Duties**

#### **Responsibilities:**

- This position will support farm work on a one acre, diversified vegetable farm that practices regenerative agriculture at a human scale. This internship is designed to be an introduction to small-scale diversified veggie farming and will support in harvesting, washing, and packing, as well as plant and soil care, and on-farm program support.
- This position may find themselves working with community groups (youth groups, farm volunteers, other community groups), on a small team with 1-2 other farm staff, or even independently at times.

- Potential for participation in our Seed and Seedling Donation days at the end of May which take place in both Longmont and Boulder. These days require high energy and involve interacting with the public and assisting them with picking up seeds and seedlings for their home gardens.

#### **Knowledge and Skills the Intern May Acquire:**

- Depth in understanding of issues of food access in local and larger food systems.
- Experience and familiarity in all elements of vegetable production including seeding, transplanting, vegetable life cycles, harvesting, companion planting, harvesting, washing, and packing.
- Understanding and hands on engagement with local, small scale regenerative agriculture practices, and principles.
- Working with volunteers, community groups, and the general public on a community farm.

#### **Structure of Internship**

- Internship duration is May 12th through August 15th.
- Intern position is 15 hours per week. \*Note: hours may vary between weeks; however the average number of hours per week will be 15 hours. Hours primarily take place during the week, however there is some required evening/weekend work
- Intern will be required to attend a mandatory internship orientation on Monday, May 12th from 8:30am - 1:00pm
- Intern will be working closely with a mentor from GG staff who will oversee all daily activities; an intern supervisor is available upon request for meetings and provides general oversight of Growing Gardens' internship program
- Interns will have the opportunity to meet with Growing Gardens staff to learn about various roles within the organization
- Learning Objectives Contract – Developed within the first month of internship. This includes: position description, educational objectives, learning activities, and skill development
- Evaluation – A midpoint evaluation and end of internship evaluation will include intern self-evaluation, supervisor, and mentor evaluation

#### **Benefits of Interning with Growing Gardens**

- Your own weekly share (\$20-\$25 value) of fresh seasonal vegetables. each week from the garden June-August as the season permits.
- 50% off additional produce grown on our farm at the farmstand (June - October)
- Friendly environment with a committed, passionate community.
- Knowledge gained through experience working on a diversified vegetable operation.
- Hands-on experience making a positive impact in the lives of children, teens, and adults.
- Community connections and networking within the burgeoning local food movement.
- Develop marketable teaching, leadership, and management skills.
- Classroom training offered through Growing Gardens classes.
- Site is centrally located and easily accessed via public transportation.
- All Growing Gardens internships qualify for university credit if that is desired by the intern.

#### **Qualifications**

We are looking for a friendly, outgoing, detail-oriented person with good communication skills who is excited to be outside in all weather conditions, and to get hands on with growing and harvesting food!

We have a fun, driven team that enjoys making a positive difference in our community. This experience is a great opportunity for someone interested in a job in social enterprise or non-profit marketing, development, event management, sustainable food systems, or community organizing.

*Growing Gardens prohibits and will not tolerate discrimination or harassment and will take affirmative measures to ensure against them, especially if they are carried out on the basis of race, color, religion, sex, age, marital status, national origin, disability, status as a veteran or disabled veteran, neurodiversity, personal appearance, sexual orientation, gender identity or expression, family responsibilities, genetic information, matriculation or political affiliation. This policy applies to all employees or potential employees, volunteers, participants, members of the Growing Gardens Board of Directors, people who serve on Growing Gardens' committees, and anyone attending Growing Gardens' events. This policy extends to all aspects of employment at Growing Gardens, including hiring, transfer, promotion, training, working conditions, policies, compensation, evaluation, discipline, and termination.*

**To apply:**

**We will review applications as we receive them starting December 15, 2024 , but the position will remain open until filled.**

Send a cover letter and resume with two references to Tim at: [tim@growinggardens.org](mailto:tim@growinggardens.org) with your name and "Summer FPF Intern Application" in the subject line.